



# Adult Classes



## CLASS

## TEACHER

## LEVEL

### Monday

10am-11am

Yoga

Jenni

General

6.30pm-7.30pm

Pilates

Chen

General

7.30pm-8.30pm

Ballet

Lu

Beginners

7.30pm-8.30pm  
(Studio 2)

Pilates

Chen

General

### Tuesday

11am-12pm

Pilates

Ella

General

7.30pm-8.30pm

Street Dance

Lauren

General

### Wednesday

7.30pm-8.30pm

Tap

Anna

General

8.30pm-9.30pm

Tap

Anna

Beginners

### Thursday

7.30pm-8.30pm

Ballet

Ella

General

8.30pm-9.30pm

Contemporary

Ella

General

Pay as you go - £7.00 per class  
Class passes x 10 - £50 (at reception)