



Adult Classes



CLASS

TEACHER

LEVEL

Monday

10am-11am

Yoga

Jenni

General

6.30pm-7.30pm

Pilates

Chen

General

7.30pm-8.30pm

Ballet

Michelle

Beginners

7.30pm-8.30pm
(Studio 2)

Pilates

Chen

General

Tuesday

11am-12pm

Pilates

Chen

General

2.30pm - 3.30pm

Yoga/Pilates Fusion

Ella

General

7.30pm-8.30pm

Street Dance

Lauren

General

Wednesday

7.30pm-8.30pm

Tap

Anna

General

8.30pm-9.30pm

Tap

Anna

Beginners

Thursday

7.30pm-8.30pm

Ballet

Michelle

General

8.30pm-9.30pm

Contemporary

Ella

General

Pay as you go - £7.00 per class
Class passes x 10 - £50 (at reception)